

Condors CXmas

Parentini Wessex League Round 12 15 December 2019

Rider info

Welcome to the inaugural Condors CXmas!

This will be the first ever CX race organised by the Cowley Road Condors. Our aim is to create a fun, festive and friendly race, with some Christmas tunes, and the appropriate level of bantz. We would love to give you the full 'mud bikes frites beer' experience, but unfortunately, we will be lacking in the beer department. So, if you need that Belgian elixir as a recovery drink please bring your own ;-) Just to be clear, we also expect you to bring your own bikes! We will take care of the mud, and Mike from Real Belgian Fries be there on the day as well!

Given this is our first race, we would love constructive feedback both on the day, and after the event. In addition, we'd appreciate your patience in case things don't go quite as planned!

Hopefully the below tells you all you need to know, but please ping us a message if anything is unclear at info@cowleyroadcondors.cc

Directions and parking

The event will be based at Brookes University, Harcourt Hill Sports Centre. You can find 'Harcourt Hill Campus' on Google Maps, or navigate to OX2 9AT. From here there should be familiar yellow signs you can follow to the event, and parking.

We will be using the Sports Centre car park. Parking will be free on the day (ignore the signs), but please make sure you park <u>within the marked parking bays</u>. This is important so we can all fit on the car park, and to <u>avoid parking fines</u>.

This means, strictly **no gazebos, rollers or other equipment in the car park**. Also please consider avoid using large vehicles if you can. We have a dedicated area for gazebos near the action and will direct you towards this on the day.

Event schedule

The table below lists the different races that will take place throughout the day

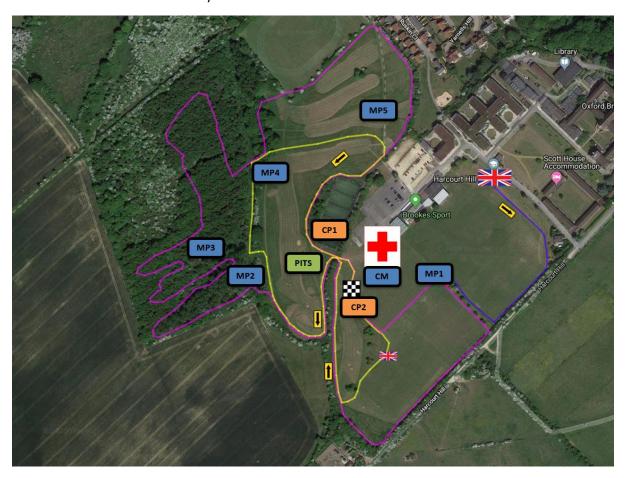
Time	Race	Duration
09:30	Under 10-year-old boys and girls	10 min
09:50	Under 12-year-old boys and girls	15 min
10:35	Under 16-year-old boys and girls	30 min
	Under 14-year-old boys and girls (delayed start 10:36)	
	Novice 16+ (delayed start 10:37)	
11:20	Junior Men	40 min
	Veteran Men 40-49	
12:20	Junior Women	40 min
	Senior Women	
	Veteran Women 40-49	
	Veteran Women 50+	
13:45	Veteran Men 50+	40 min
14:45	Senior Men	60 min

Course practice

The course will be open for practice in between all the races. At the end of every race a <u>sweeper</u> will follow the last rider, so <u>do not pass this rider</u> when out practicing. The sweeper will be clearly visible and wearing a high-viz jacket!

Course Map

Below is the event map. The full course is marked by the pink line, with a start sequence (lap 1 only) marked in purple. The yellow line is the course to be ridden by U10/U12. Depending on the conditions the U14/U16/Novice race will be on the full course, or shortened version to be agreed with the commissaires on the day.



Pitches and golf course

The course will route around the Brookes sports grounds, including pitches and a golf course. Please make sure you **do not ride on the pitches or golf course**. This applies to all riders, volunteers and spectators, and please make sure if you are attending with **children**, they are **aware too**. These grounds are used for a variety of sports activities, and we do not want to impact on those.

Pit area

There will be a triangular pit area, which can be accessed from two sides. Pit entry and exit will be clearly marked with yellow signs.

The pit area is limited in size, so please <u>only have</u> <u>bikes in the pits for the races that are ongoing</u>, and remove your equipment from the pit area as soon as possible thereafter.

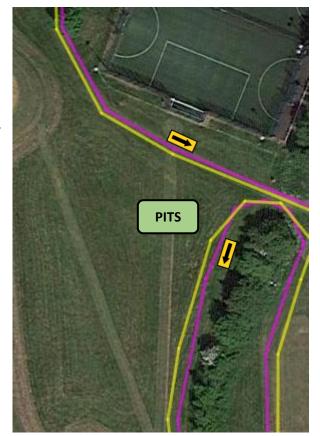
Note: we will clearly mark the pit area, please do not venture beyond the marked area, as there is a golf course directly behind the pits.

Water

A hosepipe is available at event HQ, and a further water tap is available outside the changing facilities.

Please feel free to use the hosepipe to top up your water supplies, but please be mindful if

using these to clean your bikes, as others might want to use this facility too!



Toilet and changing rooms

Toilets, and changing rooms are available near the entrance of the car park. We will clearly mark the route to the toilets from event HQ as well (avoiding the car park for safety).

There are separate facilities for men and women, additional urinals are also provided next to the pavilion. Please make sure to use the facilities provided on the day!

Please <u>do not use facilities inside the sports centre</u>. It is really important that we respect this if we want to continue using this as a venue for future years.

Food & drinks

Real Belgian Fries will provide coffee, tea, delicious Belgian fries and waffles on the day. Both cash and card payments are accepted.

Sign-on on the day

Sign-on on the day is available for all race categories. Both cash and card payments are accepted.